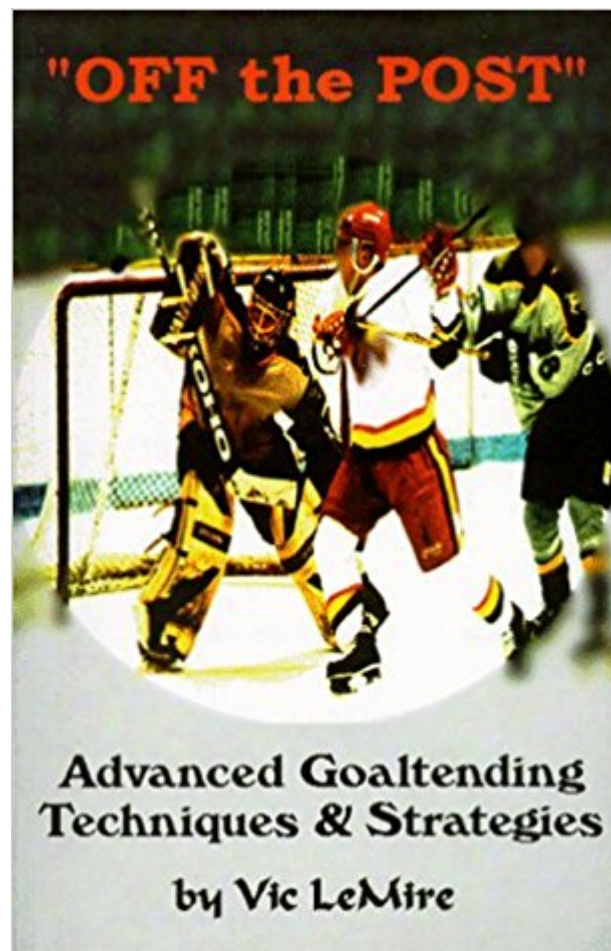




The book was found

Off The Post : The Goaltending Instructional Book For The Advanced Goaltenders!



Synopsis

Book by Lemire, Vic

Book Information

Paperback: 136 pages

Publisher: Vics Hockey Schools & Equipment Ltd (December 1, 1998)

Language: English

ISBN-10: 1892640015

ISBN-13: 978-1892640017

Product Dimensions: 0.2 x 5.5 x 8.5 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #2,912,910 in Books (See Top 100 in Books) #22 in [Books > Teens > Sports & Outdoors > Hockey](#) #119 in [Books > Sports & Outdoors > Coaching > Hockey](#) #1289 in [Books > Sports & Outdoors > Hockey](#)

Customer Reviews

Like his book "Goaltenders Are Not Targets", Vic LeMire hits the target with his audience on this one. Being a member of the most exclusive union in the world can be a real challenge sometimes and its impossible to learn everything you need to be the best on the ice by just playing and figuring it out by yourself. Its nice to know that proven instructors such as Mr. LeMire are now sharing some of their goaltending knowledge and strategies and I have become a better goaltender having read both of his books. Try it. It works!

I have been searching for a good book to learn how to play in net for some time now. I have seen many different books by many different authors, and this book, Off the Post, is easily the best yet. Vic LeMire has incorporated many excellunt  instructional diagrams and photos to clearly explain the exercises involved in becoming a great goalie. Good work Vic, I look forward to your next book.

This book has some good tips however there are some misspellings and really needs some pics. Would be better off with a publication such as From the Crease. It really needs to be updated and improved.

I loved this book. It helped me win 3 state championships.

[Download to continue reading...](#)

Off the Post : The Goaltending Instructional book for the Advanced Goaltenders! Living Off The Grid And Loving It: 40 Creative Ways To Living A Stress Free And Self-Sustaining Lifestyle (Simple Living, Off Grid Living, Off The Grid Homes, DIY Survival Guide, Prepping & Survival) Hockey Goaltending The Power Within: Discovering the Path to Elite Goaltending Post-Apocalyptic Nomadic Warriors (A Duck & Cover Adventure Post-Apocalyptic Series Book 1) Post-Human (Book 2) (Post-Human Series) Bravo for the Marshallese: Regaining Control in a Post-Nuclear, Post-Colonial World (Case Studies on Contemporary Social Issues) New York Post Easy Sudoku: The Official Utterly Addictive Number-Placing Puzzle (New York Post Su Doku) Lancelot-Grail: 1. The History of the Holy Grail: The Old French Arthurian Vulgate and Post-Vulgate in Translation (Lancelot-Grail: The Old French Arthurian Vulgate and Post-Vulgate in Translation) Post Anesthesia Care Unit: A Critical Care Approach to Post Anesthesia Nursing Post-Rationalism: Psychoanalysis, Epistemology, and Marxism in Post-War France (Bloomsbury Studies in Continental Philosophy) Post-Human Omnibus Edition (1-4) (Post-Human Series) Great British Bake Off: Celebrations (The Great British Bake Off) Instructional Guide for The ArcGIS Book Extraordinary Swimming For Every Body - a Total Immersion instructional book Linking Assessment to Instructional Strategies: A Guide for Teachers Origami Ikebana: Create Lifelike Paper Flower Arrangements-Includes Downloadable Instructional Media Foundations of Orientation and Mobility: Instructional Strategies and Practical Applications Vol.2 Teaching English by Design: How to Create and Carry Out Instructional Units Handbook of Research on Foreign Language Education in the Digital Age (Advances in Educational Technologies and Instructional Design)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)